

Penn Street Bakery

Choice of Flavor Gourmet Bundt Cake

CINNAMON PECAN

Nutrition Facts	
Serving Size:	1/20 cake (2.8 oz)
Servings Per Container	20
Amount Per Serving	
Calories	340 Calories from Fat 150
% Daily Value*	
Total Fat	17g 25%
Saturated Fat	10g 48%
Trans Fat	0g
Cholesterol	70mg 23%
Sodium	85mg 4%
Total Carbohydrates	44g 15%
Dietary Fiber	<1g 2%
Sugars	31g
Protein	3g
Vitamin A	10% • Vitamin C 0%
Calcium	4% • Iron 4%
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs: Calories: 2,000 2,500	
Total Fat	Less than 85g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2400mg 2400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	

WHITE CHOCOLATE RASPBERRY

Nutrition Facts	
Serving Size:	1/20 cake (79 g)
Servings Per Container	20
Amount Per Serving	
Calories	330 Calories from Fat 130
% Daily Value*	
Total Fat	14g 22%
Saturated Fat	9g 46%
Trans Fat	0g
Cholesterol	85mg 21%
Sodium	90mg 4%
Total Carbohydrates	45g 15%
Dietary Fiber	0g 0%
Sugars	31g
Protein	3g
Vitamin A	10% • Vitamin C 0%
Calcium	4% • Iron 4%
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs: Calories: 2,000 2,500	
Total Fat	Less than 85g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2400mg 2400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	

BLUEBERRY

Nutrition Facts	
Serving Size:	1/24 cake (76 g)
Servings Per Container	24
Amount Per Serving	
Calories	280 Calories from Fat 110
% Daily Value*	
Total Fat	13g 20%
Saturated Fat	8g 40%
Trans Fat	0g
Cholesterol	60mg 20%
Sodium	70mg 3%
Total Carbohydrates	39g 13%
Dietary Fiber	1g 4%
Sugars	27g
Protein	2g
Vitamin A	15% • Vitamin C 0%
Calcium	4% • Iron 6%
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs: Calories: 2,000 2,500	
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2400mg 2400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	

DOUBLE CHOCOLATE RASPBERRY

Nutrition Facts	
Serving Size:	1/24 cake (75 g)
Servings Per Container	24
Amount Per Serving	
Calories	260 Calories from Fat 100
% Daily Value*	
Total Fat	11g 17%
Saturated Fat	7g 35%
Trans Fat	0g
Cholesterol	50mg 17%
Sodium	60mg 3%
Total Carbohydrates	38g 13%
Dietary Fiber	1g 4%
Sugars	31g
Protein	3g
Vitamin A	6% • Vitamin C 0%
Calcium	2% • Iron 10%
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs: Calories: 2,000 2,500	
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2400mg 2400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	

ZESTY LEMON

Nutrition Facts	
Serving Size	about 1/24 cake (76g)
Servings Per Container	
Amount Per Serving	
Calories	290 Calories from Fat 120
% Daily Value*	
Total Fat	14g 22%
Saturated Fat	9g 45%
Trans Fat	0g
Cholesterol	65mg 22%
Sodium	75mg 3%
Total Carbohydrate	39g 13%
Dietary Fiber	0g 0%
Sugars	27g
Protein	3g
Vitamin A	10% • Vitamin C 0%
Calcium	4% • Iron 8%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs: Calories 2,000 2,500	
Total Fat	Less Than 65g 80g
Saturated Fat	Less Than 20g 25g
Cholesterol	Less Than 300mg 300 mg
Sodium	Less Than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	