

# Penn Street Bakery

## Lava-Licious Fudge Cakes

<b>Nutrition Facts</b>	
<b>Serving Size:</b>	1 cake (105 g)
<b>Servings Per Container</b>	About 13
<b>Amount Per Serving</b>	
<b>Calories</b>	430 Calories from Fat 240
<b>% Daily Value*</b>	
<b>Total Fat</b> 28g	43%
Saturated Fat 7g	35%
Trans Fat 1.5g	
<b>Cholesterol</b> 85mg	28%
<b>Sodium</b> 370mg	15%
<b>Total Carbohydrates</b> 53g	18%
Dietary Fiber 3g	12%
Sugars 39g	
<b>Protein</b> 5g	
Vitamin A 6%	Vitamin C 0%
Calcium 4%	Iron 15%
<p>* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your caloric needs:</p> <p style="text-align: center;">Calories: 2,000    2,500</p>	
Total Fat	Less than 65g    80g
Saturated Fat	Less than 20g    26g
Cholesterol	Less than 300mg    300mg
Sodium	Less than 2400mg    2400mg
Total Carbohydrate	300g    375g
Dietary Fiber	25g    30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	