

Smoked Salmon Trio

▼ Wild King Smoked Salmon

Nutrition Facts	
3 Servings Per Container	
Serving size	2 oz (56g)
Amount per serving	
Calories	110
Calories from Fat	60
% Daily Value*	
Total Fat 7g	11%
Saturated Fat 2.5g	13%
Trans Fat 0g	
Cholesterol 60mg	20%
Sodium 380mg	16%
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Protein 13g	
Vitamin D	0%
Vitamin A	0%
Vitamin C	0%
Calcium	2%
Iron	0%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	
Ingredients: Smoked Salmon (King Salmon, salt, cane sugar and natural wood smoke).	

▼ Wild Sockeye Smoked Salmon

Nutrition Facts	
3 Servings Per Container	
Serving size	2 oz (56g)
Amount per serving	
Calories	130
Calories from Fat	70
% Daily Value*	
Total Fat 8g	12%
Saturated Fat 2g	10%
Trans Fat 0g	
Cholesterol 20mg	7%
Sodium 200mg	8%
Total Carbohydrate 1g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Protein 14g	
Vitamin D	0%
Vitamin A	0%
Vitamin C	0%
Calcium	2%
Iron	0%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	
Ingredients: Smoked Salmon (Sockeye Salmon, salt, cane sugar and natural wood smoke).	

▼ Wild Pink Smoked Salmon

Nutrition Facts	
3 Servings Per Container	
Serving size	2 oz (56g)
Amount per serving	
Calories	70
Calories from Fat	15
% Daily Value*	
Total Fat 1.5g	2%
Saturated Fat 0.5g	3%
Trans Fat 0g	
Cholesterol 10mg	3%
Sodium 100mg	4%
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Protein 14g	
Vitamin D	0%
Vitamin A	0%
Vitamin C	0%
Calcium	0%
Iron	0%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	
Ingredients: Smoked Salmon (Pink Salmon, salt, cane sugar and natural wood smoke).	

▼ **Walla Walla Sweet Onion Mustard**

Nutrition Facts	
Varied Servings Per Container	
Serving size	1 tsp
Amount per serving	
Calories	5
Calories from Fat	0
	% Daily Value*
Total Fat 0g	0%
Saturated Fat 0g	0%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 20mg	0%
Total Carbohydrate <1g	0%
Dietary Fiber 0g	0%
Total Sugars 1g	
Protein 0g	
Vitamin A	0%
Vitamin C	0%
Calcium	0%
Iron	0%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	
Ingredients: Walla Walla sweet onions, white wine vinegar, water, sugar, ground mustard, soybean oil, egg whites, mustard bran, granulated onion, lemon juice, salt potassium sorbate, citric acid. Contains: Soybeans, eggs	

▼ **Sweet Onion Red Bell Pepper Mustard**

Nutrition Facts	
Varied Servings Per Container	
Serving size	1 tsp
Amount per serving	
Calories	5
Calories from Fat	0
	% Daily Value*
Total Fat 0g	0%
Saturated Fat 0g	0%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 20mg	0%
Total Carbohydrate <1g	0%
Dietary Fiber 0g	0%
Total Sugars 1g	
Protein 0g	
Vitamin A	0%
Vitamin C	0%
Calcium	0%
Iron	0%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	
Ingredients: Walla Walla Sweet Onions, Red Wine Vinegar, Water, sugar, Red Bell Peppers, Ground Mustard, Soybean Oil, Egg Whites, Mustard Bran, Salt, Lemon Juice, Beet Powder, Citric Acid, Potassium Sorbate (as a preservative). CONTAINS: Eggs, Mustard.	

▼ **Beechers Crackers**

Nutrition Facts	
5 Servings Per Container	
Serving size	6 crackers
Amount per serving	
Calories	120
Calories from Fat	35
	% Daily Value*
Total Fat 3.5g	6%
Saturated Fat 2g	11%
<i>Trans</i> Fat 0g	
Cholesterol 10mg	3%
Sodium 280mg	12%
Total Carbohydrate 19g	6%
Dietary Fiber 1g	3%
Total Sugars 1g	
Protein 3g	
Vitamin A	2%
Vitamin C	0%
Calcium	0%
Iron	6%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	
Ingredients: Enriched unbleached wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), water, butter (cream, salt), cornmeal, distilled white vinegar, corn flour, cane sugar, salt, baking soda. CONTAINS: Wheat, milk.	