

Six Seed Crisps

Nutrition Facts	Amount/serving		Amount/serving	
		% DV		% DV
5.5 servings per container	Total Fat 3.5g	6%	Total Carb. 16g	5%
	Sat. Fat 1.5g	7%	Fiber 3g	11%
Serving size 6 crackers (25g)	<i>Trans Fat</i> 0g		Total Sugars 2g	
	Cholesterol 5mg	2%	Incl. 2g Added Sugars	4%
Calories per serving 100	Sodium 210mg	9%	Protein 4g	
	Vitamin D 0% • Calcium 0% • Iron 0% • Potassium 0%			