

Salmon Burgers

Nutrition Facts	
Serving Size 4 oz (113g)	
Servings per container 10	
Amount Per Serving	
Calories 200	Calories from Fat 120
% Daily Value*	
Total Fat 14 g	22 %
Saturated Fat 5 g	25 %
Trans Fat 0 g	
Cholesterol 45 mg	15 %
Sodium 290 mg	12 %
Total Carbohydrate 5 g	2 %
Dietary Fiber 0 g	0 %
Sugars 0 g	
Protein 14 g	
Vitamin A 0%	Vitamin C 0%
Calcium 0%	Iron 4%
*Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Sat Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g