

# Shrimp Tortilla's

<b>Nutrition Facts</b>			
Serving Size 2 pieces (68g)			
Servings per container varies			
Amount Per Serving			
<b>Calories</b> 200	<b>Calories from Fat</b> 0		
<b>% Daily Value*</b>			
<b>Total Fat</b> 9 g		14 %	
Saturated Fat 3 g		15 %	
Trans Fat 0 g			
<b>Cholesterol</b> 15 mg		5 %	
<b>Sodium</b> 400 mg		17 %	
<b>Total Carbohydrate</b> 23 g		8 %	
Dietary Fiber 2 g		8 %	
Sugars 2 g			
<b>Protein</b> 7 g			
<b>Vitamin A</b> 0%	■	<b>Vitamin C</b> 0%	
<b>Calcium</b> 5%	■	<b>Iron</b> 3%	
*Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your caloric needs:			
	<b>Calories:</b>	<b>2,000</b>	<b>2,500</b>
<b>Total Fat</b>	Less than	65g	80g
<b>Sat Fat</b>	Less than	20g	25g
<b>Cholesterol</b>	Less than	300mg	300mg
<b>Sodium</b>	Less than	2,400mg	2,400mg
<b>Total Carbohydrate</b>		300g	375g
<b>Dietary Fiber</b>		25g	30g