



# nutrition information

## plain

| Nutrition Facts                   |            |
|-----------------------------------|------------|
| 1 Serving per Container           |            |
| Serving Size 1 CONTAINER (1.0 OZ) |            |
| <b>Amount Per Serving</b>         |            |
| <b>Calories</b>                   | <b>450</b> |
| % Daily Value*                    |            |
| Total Fat 30g                     | 24%        |
| Saturated Fat 19g                 | 37%        |
| Trans Fat 0g                      |            |
| Cholesterol 145mg                 | 49%        |
| Sodium 200mg                      | 16%        |
| Total Carbohydrate 36g            | 14%        |
| Dietary Fiber 1g                  | 4%         |
| Total Sugars 30g                  |            |
| Includes 16g Added Sugars         | 32%        |
| Protein 7g                        |            |
| Vitamin D 0mg                     | 0%         |
| Calcium 60mg                      | 4%         |
| Iron 1mg                          | 0%         |
| Potassium 110mg                   | 2%         |

Ingredients: unbleached flour, cream cheese (pasteurized milk and cream, salt, carob bean gum, cheese culture), cane sugar, eggs, butter (cream, salt), heavy cream, vanilla, baking soda, salt.  
Contains: eggs, milk & wheat.

## milk chocolate

| Nutrition Facts                   |            |
|-----------------------------------|------------|
| 1 Serving per Container           |            |
| Serving Size 1 CONTAINER (1.0 OZ) |            |
| <b>Amount Per Serving</b>         |            |
| <b>Calories</b>                   | <b>450</b> |
| % Daily Value*                    |            |
| Total Fat 30g                     | 24%        |
| Saturated Fat 19g                 | 37%        |
| Trans Fat 1g                      |            |
| Cholesterol 145mg                 | 47%        |
| Sodium 200mg                      | 16%        |
| Total Carbohydrate 36g            | 14%        |
| Dietary Fiber 3g                  | 6%         |
| Total Sugars 34g                  |            |
| Includes 22g Added Sugars         | 44%        |
| Protein 7g                        |            |
| Vitamin D 0mg                     | 0%         |
| Calcium 60mg                      | 4%         |
| Iron 1mg                          | 0%         |
| Potassium 160mg                   | 4%         |

Ingredients: unbleached flour, cream cheese (pasteurized milk and cream, salt, carob bean gum, cheese culture), cane sugar, eggs, butter (cream, salt), heavy cream, vanilla, baking soda, salt, chocolate (sugar, cocoa butter, full cream milk powder, cocoa liquor, lecithin [emulsifier], vanilla, cocoa).  
Contains: eggs, milk & wheat.

## red velvet

| Nutrition Facts                   |            |
|-----------------------------------|------------|
| 1 Serving per Container           |            |
| Serving Size 1 CONTAINER (1.0 OZ) |            |
| <b>Amount Per Serving</b>         |            |
| <b>Calories</b>                   | <b>450</b> |
| % Daily Value*                    |            |
| Total Fat 30g                     | 27%        |
| Saturated Fat 19g                 | 37%        |
| Trans Fat 0g                      |            |
| Cholesterol 145mg                 | 45%        |
| Sodium 210mg                      | 9%         |
| Total Carbohydrate 41g            | 15%        |
| Dietary Fiber 3g                  | 8%         |
| Total Sugars 36g                  |            |
| Includes 22g Added Sugars         | 44%        |
| Protein 7g                        |            |
| Vitamin D 0mg                     | 0%         |
| Calcium 60mg                      | 4%         |
| Iron 3mg                          | 15%        |
| Potassium 210mg                   | 4%         |

Ingredients: unbleached flour, cream cheese (pasteurized milk and cream, salt, carob bean gum, cheese culture), cane sugar, eggs, butter (cream, salt), heavy cream, vanilla, baking soda, salt, chocolate (sugar, cocoa butter, full cream milk powder, cocoa liquor, lecithin [emulsifier], vanilla, cocoa), buttermilk, white vinegar, and red food coloring.  
Contains: eggs, milk & wheat.

## tiramisu

| Nutrition Facts                   |            |
|-----------------------------------|------------|
| 1 Serving per Container           |            |
| Serving Size 1 CONTAINER (1.0 OZ) |            |
| <b>Amount Per Serving</b>         |            |
| <b>Calories</b>                   | <b>450</b> |
| % Daily Value*                    |            |
| Total Fat 30g                     | 24%        |
| Saturated Fat 19g                 | 37%        |
| Trans Fat 0g                      |            |
| Cholesterol 145mg                 | 49%        |
| Sodium 200mg                      | 16%        |
| Total Carbohydrate 36g            | 14%        |
| Dietary Fiber 1g                  | 4%         |
| Total Sugars 30g                  |            |
| Includes 16g Added Sugars         | 32%        |
| Protein 7g                        |            |
| Vitamin D 0mg                     | 0%         |
| Calcium 60mg                      | 4%         |
| Iron 1mg                          | 0%         |
| Potassium 110mg                   | 2%         |

Ingredients: unbleached flour, cream cheese (pasteurized milk and cream, salt, carob bean gum, cheese culture), cane sugar, eggs, butter (cream, salt), heavy cream, tiramisu, baking soda, salt.  
Contains: eggs, milk & wheat.

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

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