

Euro Lox

Nutrition Facts	
Serving Size 2 oz (56g)	
Servings Per Container 3	
Amount Per Serving	
Calories 100	Calories from Fat 35
% Daily Value*	
Total Fat 4g	6 %
Saturated Fat 1g	5
Trans Fat 0g	
Cholesterol 30mg	10 %
Sodium 460mg	19 %
Total Carbohydrate <1g	0 %
Dietary Fiber 0g	0
Sugar 0g	
Protein 15g	
Vitamin A 0	• Vitamin C 0
Calcium 0	• Iron 0
*Percent Daily Values(DV) are based on a 2000 calorie diet	

Jumbo Croissants

Nutrition Facts	
Serving Size 1 croissant (113g)	
Servings Per Container 6	
Amount Per Serving	
Calories 380	Calories from Fat 160
% Daily Value*	
Total Fat 18g	28 %
Saturated Fat 11g	55%
Trans Fat 0.5g	
Cholesterol 45mg	15 %
Sodium 340mg	14 %
Total Carbohydrate 48g	16 %
Dietary Fiber 2g	8
Sugar 9g	
Protein 8g	
Vitamin A 10%	• Vitamin C 20%
Calcium 2%	• Iron 15%
*Percent Daily Values(DV) are based on a 2000 calorie diet	

Salmon Schmeear

Nutrition Facts	
Serving Size 2 Tbsp (28g)	
Servings Per Container 6	
Amount Per Serving	
Calories 90	Calories from Fat 70
% Daily Value*	
Total Fat 8g	12 %
Saturated Fat 5g	25
Trans Fat 0g	
Cholesterol 30mg	10 %
Sodium 130mg	5 %
Total Carbohydrate 1g	0 %
Dietary Fiber 0	0
Sugar <1g	
Protein 2g	
Vitamin A 6	• Vitamin C 0
Calcium 2	• Iron 0
*Percent Daily Values(DV) are based on a 2000 calorie diet	

Uli's Sausage

Nutrition Facts	
Serving Size 2 Links (113g)	
Servings Per Container 4	
Amount Per Serving	
Calories 280	Calories from Fat 200
% Daily Value*	
Total Fat 23g	35%
Saturated Fat 8g	40%
Trans Fat 0g	
Cholesterol 80mg	27%
Sodium 590mg	25%
Total Carbohydrate 1g	0%
Dietary Fiber 0g	0%
Sugars 0g	
Protein 19g	
Vitamin A 0%	• Vitamin C 2%
Calcium 0%	• Iron 6%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300 mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	