

Lemon Pepper Pink

Nutrition Facts	
Serving Size 1 pouch (100g)	
Servings Per Container 1	
Amount Per Serving	
Calories 70	Calories from Fat 15
% Daily Value*	
Total Fat 1.5g	2 %
Saturated Fat 0.5g	3
Trans Fat 0g	
Cholesterol 10mg	3 %
Sodium 115mg	5 %
Total Carbohydrate 0g	0 %
Dietary Fiber 0g	0
Sugar 0g	
Protein 14g	
Vitamin A 0	• Vitamin C 0
Calcium 0	• Iron 0
*Percent Daily Values(DV) are based on a 2000 calorie diet	

Ingredients: Smoked Salmon (Pink Salmon, salt, cane sugar and natural wood smoke), Lemon Pepper Spice Blend (sea salt, garlic, lemon peel, onion, spices and citric acid).

Lemon Pepper Sockeye

Nutrition Facts	
Serving Size 1 pouch (100g)	
Servings Per Container 1	
Amount Per Serving	
Calories 70	Calories from Fat 15
% Daily Value*	
Total Fat 1.5g	2 %
Saturated Fat 0.5g	3
Trans Fat 0g	
Cholesterol 10mg	3 %
Sodium 115mg	5 %
Total Carbohydrate 0g	0 %
Dietary Fiber 0g	0
Sugar 0g	
Protein 14g	
Vitamin A 0	• Vitamin C 0
Calcium 0	• Iron 0
*Percent Daily Values(DV) are based on a 2000 calorie diet	

Ingredients: Smoked Salmon (Sockeye Salmon, salt, cane sugar and natural wood smoke), Lemon Pepper Spice Blend (sea salt, garlic, lemon peel, onion, spices and citric acid).

Pink Salmon

Nutrition Facts	
Serving Size 1 pouch (100g)	
Servings Per Container 1	
Amount Per Serving	
Calories 130	Calories from Fat 25
% Daily Value*	
Total Fat 2.5g	4 %
Saturated Fat 0.5g	3
Trans Fat 0g	
Cholesterol 20mg	7 %
Sodium 200mg	8 %
Total Carbohydrate 0g	0 %
Dietary Fiber 0g	0
Sugar 0g	
Protein 26g	
Vitamin A 0	• Vitamin C 0
Calcium 0	• Iron 4
*Percent Daily Values(DV) are based on a 2000 calorie diet	

Ingredients: Wild Pink Salmon and Sea Salt.

Sockeye Salmon

Nutrition Facts	
Serving Size 1 pouch (100g)	
Servings Per Container 1	
Amount Per Serving	
Calories 130	Calories from Fat 35
% Daily Value*	
Total Fat 4g	6 %
Saturated Fat 1g	5
Trans Fat 0g	
Cholesterol 15mg	5 %
Sodium 260mg	11 %
Total Carbohydrate 0g	0 %
Dietary Fiber 0g	0
Sugar 0g	
Protein 24g	
Vitamin A 4	• Vitamin C 0
Calcium 0	• Iron 2
*Percent Daily Values(DV) are based on a 2000 calorie diet	

Ingredients: Wild Sockeye Salmon and Sea Salt.

Smoked Salmon

Nutrition Facts

Serving Size 1 pouch (100g)

Servings Per Container 1

Amount Per Serving

Calories 240 Calories from Fat 130

% Daily Value*

Total Fat 14g 22 %

Saturated Fat 3.5g 18

Trans Fat 0g

Cholesterol 40mg 13 %

Sodium 370mg 15 %

Total Carbohydrate 2g 0 %

Dietary Fiber 0g 0

Sugar 0g

Protein 25g

Vitamin A 2 • Vitamin C 0

Calcium 4 • Iron 4

*Percent Daily Values(DV) are based on a 2000 calorie diet

Ingredients: Smoked Salmon (Sockeye Salmon, salt, cane sugar and natural wood smoke).