

Nutrition Facts

Serving Size 1 pouch (100g)

Servings Per Container 1

Amount Per Serving

Calories 130 Calories from Fat 35

% Daily Value*

Total Fat 4g **6%**

Saturated Fat 1g 5%

Trans Fat 0g

Polyunsaturated Fat 1.5g

Monounsaturated Fat 1.5g

Cholesterol 15mg **5%**

Sodium 260mg **11%**

Total Carbohydrate 0g **0%**

Dietary Fiber 0g 0%

Sugars 0g

Protein 24g

Vitamin A **4%**

Vitamin C **0%**

Calcium **0%**

Iron **2%**

Vitamin D **190%**

Omega-3 Polyunsaturated Fat

Eicosapentaenoic Acid (EPA) 328mg

Docosahexaenoic Acid (DHA) 766mg

Other Omega-3 Fatty Acids 192mg

Omega-6 Polyunsaturated Fat

Linoleic Acid (LA) 58mg

Other Omega-6 Fatty Acids 37mg

Omega-9 Monounsaturated Fat

Oleic Acid 918mg

Other Omega-9 Fatty Acids 337mg

*Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.

Ingredients: Sockeye Salmon
and sea salt.

Contains: Salmon.