

Nutrition Facts

About 28 servings per container

Serving size 4oz (113g)

Amount per serving

Calories 80

% Daily Value*

Total Fat 5g 6%

Saturated Fat 1g 5%

*Trans*Fat 0g

Cholesterol 60mg 20%

Sodium 90mg 4%

Total Carbohydrate 0g 0%

Dietary Fiber 0g 0%

Total Sugars 0g

Includes 0g Added Sugars 0%

Protein 25g

Vitamin D 16mcg 80%

Calcium 10mg 0%

Iron 0.5mg 2%

Potassium 415mg 8%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2000 calories a day is used for general nutrition advice.