

Nutrition Facts

Serving Size about 38g 1 piece
 Servings Per Container about a 35

Amount Per Serving

Calories 190 Calories from Fat 80

% Daily Value*

Total Fat 9g **15%**

 Saturated Fat 5g **27%**

Trans Fat 0g

Cholesterol 5mg **2%**

Sodium 80mg **3%**

Total Carbohydrate 24g **8%**

 Dietary Fiber 1g **5%**

 Sugars 17g

Protein 3g

Vitamin A 2% • Vitamin C 0%

Calcium 6% • Iron 6%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

		Calories	2,000	2,500
Total Fat	Less than	65 g	80 g	
Sat Fat	Less than	20 g	25 g	
Cholesterol	Less than	300 mg	300 mg	
Sodium	Less than	2,400 mg	2,400 mg	
Total Carbohydrate		300 g	375 g	
Dietary Fiber		25 g	30 g	

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

Waggoner Chocolates
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Graham Ingredients: sugar, milk, cocoa butter, chocolate liquor, chocolate liquor processed with alkali, vanillin (an artificial flavoring), unbleached enriched flour (wheat flour, niacin, reduced iron, thiamine mononitrate {vitamin B1}, riboflavin {vitamin B2}, folic acid), graham flour (whole grain wheat flour), soybean oil, honey, leavening (baking soda and/or calcium phosphate), salt, soy lecithin, natural and artificial flavor.

Piece wt. may vary on each handcrafted Graham Crackers.

Manufactured in a facility that processes nut and dairy products.