

Strawberry Loaf Cake

Nutrition Facts	
Serving Size 1/4 Cake (99 g/3.5 oz)	
Servings Per Container 4	
Amount Per Serving	
Calories 350	Calories from Fat 150
% Daily Value*	
Total Fat 18g	27 %
Saturated Fat 3g	14 %
<i>Trans</i> Fat 0g	
Cholesterol 45mg	15 %
Sodium 260mg	11 %
Total Carbohydrate 46g	15 %
Dietary Fiber 0g	0 %
Sugars 36g	
Protein 3g	
Vitamin A 2%	• Vitamin C 2%
Calcium 6%	• Iron 4%
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	
	Calories 2,000 2,500
Total Fat	Less than 65g 80g
Sat Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9	• Carbohydrate 4 • Protein 4

Coconut Loaf Cake

Nutrition Facts	
Serving Size 1/4 Cake (99 g/3.5 oz)	
Servings Per Container 4	
Amount Per Serving	
Calories 400	Calories from Fat 210
% Daily Value*	
Total Fat 24g	37%
Saturated Fat 7g	33%
<i>Trans</i> Fat 0g	
Cholesterol 60mg	19%
Sodium 310mg	13%
Total Carbohydrate 44g	15%
Dietary Fiber 1g	5%
Sugars 33g	
Protein 4g	
Vitamin A 2%	• Vitamin C 0%
Calcium 8%	• Iron 6%
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	
	Calories 2,000 2,500
Total Fat	Less than 65g 80g
Sat Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	