

# Frequently Asked Questions

## **What is Viviscal?**

Viviscal is a unique dual-action hair care system of products that promote healthy growth of existing hair from the inside and gorgeous, thicker looking hair on the outside.

Viviscal's scientifically formulated range of products promote healthy growth of existing hair from the inside (Viviscal Extra Strength dietary supplements) plus gorgeous hair on the outside (Gorgeous Growth Densifying Elixir, Densifying Shampoo and Densifying Conditioner), and provide thicker looking hair in seconds (Conceal & Densify Volumizing Fibers).

Viviscal is backed by over 25 years of continuous research and development, and Viviscal supplements have been supported by seven clinical trials. Viviscal has been sold in 43 countries, and is recommended by top media outlets, celebrities, doctors and hairstylists.

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## **Which Viviscal product is right for me?**

For those looking for thicker growth of existing hair from within, Viviscal Extra Strength dietary supplement nourishes follicles with the proprietary marine complex AminoMar®, plus a blend of vitamins and minerals, including Biotin, Niacin, Zinc and Vitamin C. This vitamin supplement has been clinically demonstrated to promote the growth of existing hair in three to six months of continuous supplementation.

For thicker looking, gorgeous hair, use Viviscal Gorgeous Growth Densifying Shampoo, Conditioner and Elixir. The Gorgeous Growth Densifying range nourishes thicker looking hair with the exclusive complex Ana:Tel™ plus Biotin, Keratin and Zinc. Cleanse with Densifying Shampoo and follow with moisturizing Densifying Conditioner. Then, style wet or dry hair with Densifying Elixir, which is the ultimate, lightweight leave-in treatment for thicker looking hair.

For an instant solution for thicker looking hair or to cover thinning hair in seconds, comb in Viviscal Conceal & Densify Volumizing Fibers. The microscopic fibers have an electrostatic coating so they cling to each individual hair, building the appearance of natural-looking thickness in seconds. The unique, easy-to-use Precision Comb Applicator applies fibers exactly where they're needed. Fibers stay on all day and wash out easily with shampoo.

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## **How do Viviscal dietary supplements work?**

Viviscal dietary supplements are scientifically formulated with the proprietary AminoMar® marine complex to nourish thinning hair and promote existing hair growth. Find more information on how Viviscal supplements work.

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## **Is Viviscal FDA-approved?**

Viviscal Extra Strength is a clinically demonstrated, drug free nutraceutical that conforms to FDA requirements for dietary supplements.

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## **Will Viviscal dietary supplements work for me?**

Viviscal dietary supplements promote the growth of existing hair and nourish hair from within. There are many factors that can cause hair loss and we recommend that you consult your physician for a diagnosis of the specific causes of your hair loss. In clinical studies, Viviscal Extra Strength has been shown to be effective, including in a recent double-blind, placebo-controlled study in which 30 women had a 39% reduction in hair shedding and a 32% increase in the number of terminal hairs after three months of continuous supplementation.

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## **How long will it take to see results of Viviscal dietary supplements?**

Viviscal dietary supplements work in four stages over a six-month period. Users may notice a visible difference in as little as three or four months.

- Stage 1 - Hair follicles are nourished through the consistent intake of nutrients and the marine complex AminoMar in each tablet.
- Stage 2 - Thin and wispy hair is strengthened through continued nourishment.
- Stage 3 - Breakage and thinning continue to decline as the tablets encourage the growth\* of existing hair.
- Stage 4 - Hair becomes stronger, healthier and more vibrant.
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## **Are Viviscal dietary supplements suitable for everyone?**

Viviscal dietary supplements are suitable for both men and women over the age of 18, of all hair types. Viviscal supplements are not suitable for children under age 18, for those with an allergy to fish or shellfish, or for women who are pregnant or breastfeeding. It is always advisable to consult your doctor before beginning any dietary supplement regimen.

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## **Are there negative side effects associated with Viviscal dietary supplements?**

Viviscal is a drug free dietary supplement that contains some ingredients of natural origins. However, Viviscal is not recommended for those with an allergy to fish or shellfish, or for women who are pregnant or breastfeeding. If you have known intolerances or allergies, please review the ingredients in Viviscal Extra Strength prior to taking the supplements.

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## **What are the ingredients in Viviscal products?**

The ingredients in each Viviscal product are listed in the 'Ingredients' tab on that product's page.

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## **Will Viviscal supplements interfere with medications?**

Viviscal supplements are 100% drug free. However, if you have specific questions related to the medications you are taking, it is always advisable to consult your doctor before beginning any dietary supplement regimen. You will find the complete list of ingredients in Viviscal Extra Strength in the 'Ingredients' tab on its product page.

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**Do Viviscal supplements contain drugs such as Minoxidil or Finasteride?**

No. Viviscal is 100% drug free.

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**What is the AminoMar® marine complex?**

AminoMar is a proprietary marine complex available exclusively in Viviscal hair growth supplements. In the 1980's, a professor from Scandinavia discovered that the Inuits' great hair and skin was the result of their fish- and protein-rich diet. He isolated the key protein molecules in their diet and it was from these origins that AminoMar was created. Since then, Viviscal has been tried and tested by clinicians around the world.

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**How many Viviscal supplements are in one box?**

A one-month supply of Viviscal contains 60 tablets. A three-month pack of Viviscal contains 180 tablets. For best results, we recommend that you take two tablets each day (one in the morning, one in the evening) with food and water for a minimum of three months. For best results, take two tablets daily for six months. Continued supplementation beyond six months is recommend as results can diminish once supplementation ceases.

These statements have not been evaluated by the U.S. Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.
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