

Oatmeal & Raisin

Nutrition Facts	
1 serving per Container	
Serving size	1 cookie (45g)
Amount per serving	
Calories	190
% Daily Value*	
Total Fat 8g	10%
Saturated Fat 3.5g	18%
<i>Trans Fat</i> 0g	
Cholesterol 0mg	0%
Sodium 150mg	6%
Total Carbohydrate 23g	6%
Dietary Fiber 2g	7%
Total Sugars 13g	
Incl. 11g Added Sugars	22%
Protein 7g	12%
Vitamin D 0mcg	0%
Calcium 60mg	4%
Iron 0.8mg	4%
Potassium 100mg	2%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Tryptophan-Rich Blend (Organic Rolled Oats, Almond Flour, Brown Rice Protein, Ground Flax), Brown Sugar, Raisins, Coconut Oil, Agave Syrup, Turbinado Sugar, Sunflower Oil, Natural Flavors, Tapioca Flour, Sea Salt, Baking Powder, Xanthan Gum. **CONTAINS: TREE NUTS (ALMONDS, COCONUT)**