

Peanut Butter & Ancient Grains



Nutrition Facts

Serving size
1 bar (45 g)
Servings per container 1

Calories 190
Calories From Fat 15

	Amount/serving	% DV*	Amount/serving	% DV*
Total Fat	7 g	11%	Total Carb.	17 g 6%
Sat. Fat	1.5 g	8%	Fiber	6 g 23%
Trans Fat	0 g		Sugars	9 g
Cholesterol	0 mg	0%	Sugar Alcohol	0 g
Sodium	35 mg	1%	Protein	14 g 25%

Vitamin A 0% • Vitamin C 0% • Calcium 0% • Iron 2%

*Percent Daily Values are based on a 2,000 calorie diet

INGREDIENTS: Brown Rice Protein, Brown Rice Syrup, Peanut Butter, Chicory Root, Peanuts, Honey, Quinoa Crisps, Chia Seeds, Coconut Oil, Natural Flavor, Sea Salt, Monk Fruit.

CONTAINS: PEANUTS and TREE NUTS

