

What factors affect healthy hair growth?

Many factors affect healthy hair growth such as gender, genetics, age, and nutrition. Some daily events or circumstances can negatively affect hair growth such as pregnancy, menopause, stress, medication, poor nutrition, over-styling, hair extensions, bleaching, and heat treatments.

How will Shapiro MD help me?

The Shapiro MD Regrowth Kit for Men or Women were created by world-renowned dermatologists who were inspired by their own clinical patients. Dr. Steven Shapiro spent 15 years working on the formulas for the Shapiro MD products. This system includes a Shampoo, Conditioner, Leave-in Foamer, and Minoxidil Topical Solution, clinically tested to promote gorgeous healthy hair and support thicker, fuller looking hair.

Saw Palmetto, Caffeine, and EGCG in Green Tea, the 3 key ingredients in Shapiro MD Hair Kit, have been clinically demonstrated to help hair remain thicker, fuller and healthier.

When can I expect to see results?

Hair tends to grow, on average, 0.2 to 0.7 inches per month. While everyone's experience is different, most users report seeing an improvement* in their hair health within the first 6 - 12 months of using Shapiro MD Regrowth Kit.

Month 1 - 2

As Shapiro MD's products get to work on nourishing your scalp and. You may experience hair shedding, but that is a part of the hair life cycle.

Month 3 - 4

At this point, you may begin to see a difference in thickness and texture of the hair.

Month 5 - 8

You're now firmly into your hair revitalization journey, with healthy-looking hairs continuing to form and develop. By now, visibly thicker, and stronger looking hair should be apparent.

Month 9 and Beyond

At this point, your hair is on a stable path of vitality, but don't stop now. Maintaining your hair is a lifelong process. Stopping treatment could undo all the progress you've made until now, continue supporting healthy-looking hair with daily use of Shapiro MD's products.

Who can use these products?

Shapiro MD has a Men's Kit and a Women's Kit. The Shampoo, Conditioner, and Leave-In Foamer is included in both kits. The Men's include 5% Minoxidil Topical Solution. The Women's *include* 2% Minoxidil Topical Solution. Minoxidil is not recommended for premenopausal women.

The Shampoo, Conditioner, and Leave-In Foamer are recommended for men and women over the age of 18. When pregnant or nursing, it is not recommended to use Shapiro MD's products without first consulting with your physician.

Can Shapiro MD Shampoo be used with Minoxidil?

Yes. The Shampoo and Minoxidil have different mechanisms of action which should not interfere with each other's effectiveness.

Will these products interfere with medications?

There are no known interactions with Shapiro MD and specific medications. Always consult your primary care provider if you have any medical concerns.

Why does my hair seem to be shedding?

Shapiro MD: Hair Growth Experts

Frequently Asked Questions

On average, we shed about 50-100 hair strands a day. That is the normal hair growth process. You may see hair shedding while showering or brushing. If you do experience excessing hair shedding, please consult your primary care provider.

Can these products be used on color-treated hair?

Shapiro MD's products are sulfate free and appropriate for color treated hair.

Do these products affect hair growth only in the area applied or the entire body?

Shapiro MD have not had a customer experience hair growth anywhere other than their scalp.

Can these products be used long-term?

Shapiro MD's products have been in the market for 10 years without any reported adverse effects.

How is Shapiro MD products different than other hair care products on the market?

Shapiro MD's Shampoo, Conditioner, and Leave-In Former use a patented formulate to help reduce the look of hair shedding and support the look of fuller, healthier hair. There are 2 different patents on Shapiro MD's formulation.

Shapiro MD also source some of the highest quality ingredients from around the world and take extra care with manufacturing process to ensure high quality products.

What else can I do to help grow my hair in addition to using these products?

There are several factors that play into hair growth. Healthy hair thrives with proper nutrients, vitamins, and minerals, such as protein, biotin, Vitamin C, D, E, zinc, and omega 3 and 6. A well-balanced diet is essential for maintaining healthy hair. A restrictive diet that lacks specific nutrients may be reflected in the condition of an individual's hair.

Reducing the frequency of using heat or decreasing the temperature on the tools on your hair also help maintain its vibrancy. Heat from blow dryers and other tools may cause damage to your hair strands and cause breakage.

Regular hair care routines using as scalp massage or hair masks may also improve the look and strength of your hair.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.