



**MEDIC  
THERAPEUTICS**

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# **SHIATSU KNEADING FOOT MASSAGER WITH HEAT**

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**User Manual**

## SAFETY PRECAUTIONS

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**Please read the following instructions carefully before putting your massage device into use to ensure trouble-free operation and optimum efficiency. Please retain these operating instructions for further use!**

- The massage device conforms to recognized technical principles and the latest safety regulations.
- Do not wet, do not use pins, never remove cover.
- This item is NOT A TOY. Close supervision is necessary when this appliance is used by, on, or near children or disabled persons.
- Any possible repairs may only be carried out by authorized expert staff. Improper use and unauthorized repairs are not permitted for safety reasons and lead to loss of warranty.
- Never touch the power plug with wet hands.
- Please avoid contact of the device with water, high temperatures and direct sunlight.
- Do not use any damaged cables, plugs or loose sockets.
- Never operate under blankets where the air opening may be blocked.
- If plugs or cords are damaged, they must be replaced by the manufacturer, a service representative or by qualified personnel.
- In case of malfunction, disconnect immediately from the mains.
- Do not use if you have skin disorders, open wounds, or swollen or inflamed areas.
- Misuse or incorrect use excludes any liability for damage.
- Do not use while you sleep.
- In order to avoid excessively stimulating the muscles and nerves, the recommended massage time should not be exceeded 15 minutes at a time.
- The packaging material supplied should not be used as a toy.
- Consult a doctor prior to use if you are one of:
  - Those who are using electronic medical instrument imbedded in the body, such as cardiac, pacemaker etc.
  - Those who are being treated by doctors, especially those who feel discomfort.
  - Those who are malignant tumor patients, heart disease patients, or acute patients.
  - Women who are pregnant or menstruating.
  - Those with osteoporosis or a fractured spine.
  - Those with skin disease or those whose skin is impaired.
- Failure to observe the above instructions may constitute misuse of the product and can cause serious injury or burns.

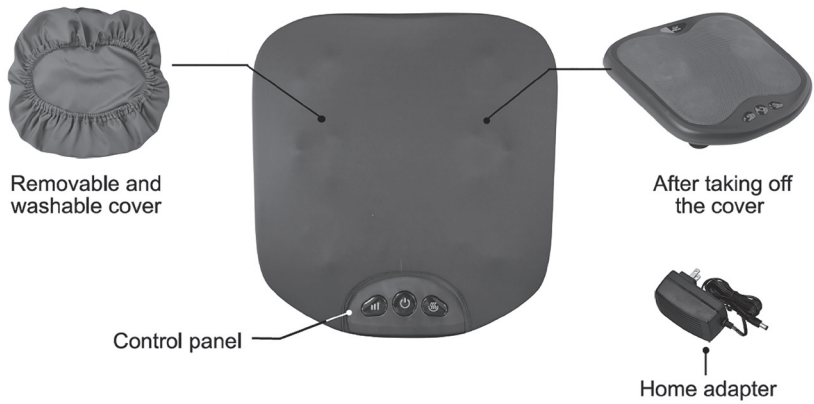
## PRODUCT FEATURES

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- Shiatsu and rolling massage on sole of feet
- 3 Massage modes
- 3 Massage intensity levels/speeds
- Optional heat settings
- Detachable and washable cover

## PRODUCT OVERVIEW

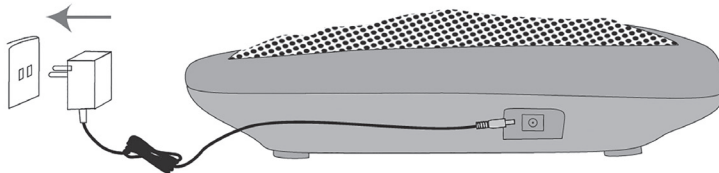
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## SET-UP & OPERATION

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1. Please place the product on a flat surface floor.
2. Connect the adapter cable to the corresponding port on the foot massager.



3. Plug the home adapter into electrical outlet (the adapter is safe to use with both 110-120V & 220-240V).
4. Turn on the massage device using the operating control panel.
  - This device will switch off automatically after 15 minutes.
  - Do not setup or use the device in a bathroom or similarly wet / damp area.

## CONTROL PANEL OVERVIEW

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- Please choose a chair with desired height and be seated, then put your feet on the product ( see right picture). Operate below control panel to get foot massages.



	<p><b>Power Button</b> <b>1st</b> Press to turn on the massager, the indicator turns Yellow. The massager activate the auto mode; <b>2nd</b> Press to change massage mode to shiatsu rotate clockwise, indicator turns to Green; <b>3rd</b> Press to change massage mode to shiatsu rotate counterclockwise. indicator turns to Red; <b>4th</b> Press to turn off the massager.</p>
	<p><b>Speed button</b> Low Speed --Indicator turns Green. Medium Speed--Indicator turns Yellow. High Speed--Indicator turns Red.</p>
	<p><b>Heat Button</b> High Level - Indicator turns to highlight red Low Level - Indicator turns to lowlight red.</p>

### After Use

- Turn off the power button on the highlight panel.
- Remove the plug from the power supply socket.

## **IMPORTANT INFORMATION**

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- For your own safety we equip the massager with a protection against over-heating. Heat is created in the motors when placed under great stress and excessive pressure. Before this could create any risk and after a runtime of 15 minutes, the massager will switch off automatically and will only allow switching on again after an appropriate downtime.
- Likewise, you should allow your body some rest periods. To avoid straining your muscles too much, we recommend to not exceed a continuous massage of 15 Minutes one time and not exceed 3 times one day.
- Please don't put water or other liquids on the control panel.
- When power failure happens during massage, please turn off the power and pull out of the plug from the socket.
- Please do not place your hands or fingers into the gap of product
- Please do not let children or pets play with the product.
- Before plugging in, please check and make sure the power cord is not damaged.
- Do not use wet hands to plug in the adapter.
- Please don't stand or sit on the product.
- When moving the product, please don't pull the power cord or drag the product directly to avoid damaging the device.
- Do not use wet hands to pull out the power cord in order to avoid electric shock.

## **CLEANING & MAINTENANCE**

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- Always unplug the unit before cleaning it. Never touch the power plug with wet hands.
- Before cleaning, allow unit to cool.
- Wipe the unit with a soft, dry cloth. Do not use cloths containing any kind of chemical or alcohol and solvent liquids.
- Never submerge any part of the unit in liquid.
- If the unit is particularly dirty, use the following instructions:
  1. Dampen a cloth in water or a 3%-5% mild detergent solution.
  2. Wipe the dirty areas with the wet cloth.
  3. Wipe the areas with a soft, dry cloth.
  4. Wait for the unit to become fully dry before use.
- Do not use corrosive cleaning agents like benzene or thinner to clean the Foot Massager, otherwise the color of the fabric will fade or the massager will crack or erode.
- Do not iron the fabric. When the product is wet, allow the product to air dry thoroughly before use.

## **REMOVABLE & WASHABLE COVER:**

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- Detach the cover and machine wash or wash by hand. Allow to air dry.

## MAINTENANCE:

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- Place massager in a safe, dry, and cool place. Avoid contact with sharp edges or pointed objects which might cut or puncture the surface.
- Keep away from children at all times.

## TROUBLESHOOTING

Fault	Solutions
There is a clattering noise in the movement	This is perfectly normal caused by the working of product. It is normal status.
The massage device switches off suddenly	Device may have been in use for 15minutes. Auto-shut off function activated. Continue using by pressing the 'power' button after resting the unit for 15minutes.
The massage device fails to start	Check if device has been used for more than 15mins. If so, let device rest for 15mins before continuing. Device may require longer time to cool in warmer environments.
	Check if adapter is plugged into socket.
	Check if adapter output is connected to device power inlet.

## PRODUCT SPECIFICATIONS

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- Size of product itself: 13.4X14.4X3.55 inches
- Net weight of product itself: 1.7KGS
- Single package size: 34.5X10.2X38CM
- Net weight of product including package: 2.2KGS
- Materials: ABS + MESH
- Voltage:
  - o Input: AC 100-240V ~50/60Hz
  - o Output: 12VDC 3000mA
- Nominal Power: max. 36Watt
- Automatic Timer: 15 minutes

## LIMITED LIFETIME WARRANTY

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Your Medic Therapeutics Product is backed by a limited lifetime manufacturer's warranty. Medic Therapeutics will repair or replace your device at any time should it fail due to a defect in material or workmanship, subject to the certain limitations.

This limited warranty does not cover any damage that results from unauthorized or improper use, service, or repair. Further, it does not cover damage caused by accident, impact, negligence, or normal wear and tear. Should you discover your Medic Therapeutics Product is not functioning properly, please send your device to our repair center for evaluation. If your product cannot be repaired or serviced, we will reserve the right to change it for a similar or newer model.

Please note that a flat rate of \$25.00 will be charged to cover a service evaluation fee and return shipping of your device. All warranty claims must be accompanied by a copy of your proof of purchase from an authorized retailer. Please send your device, proof of purchase, and a check or money order in the amount of \$25.00 made out to Medic Therapeutics to:

**Address:**

Medic Therapeutics Service Center  
3069 Taft Street  
Hollywood, FL 33021

**Contact:**

warranty@medictherapeutics.com



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