



MEDIC THERAPEUTICS CALF STRETCHER

User Manual

PRODUCT SPECIFICATIONS

- Size of product itself: 10.5*14.5*26.5
- Net weight of product itself: 240g
- Single package size: 11*17*23.5cm
- Net weight of product including package: 600g
- Materials: PP



PRODUCT OVERVIEW

Ergonomic Design Helps Stretch Foot, Ankle & Lower Leg:

1. Mid-Foot Gap For Ankle Stretching
2. Angled Foot Plate for Proper Foot Posture
3. Non-Slip Rubber Grip



HOW IT WORKS:

- Safely stretch either foot.
- With an ergonomical design, the gentle motion of the product evenly stretches the foot to help relieve pain, improve circulation and reduce fatigue.
- It isolates the lower leg muscles, tendons, and ligaments for an effective deep stretch to help reduce injuries.
- Can help alleviate foot and heel pain by encouraging correct foot posture for effective stretching.
- Increases range of motion and flexibility.
- Helps minimize heel, lower leg and back discomfort.
- Non-slip rubber strips along the bottom of the product ensure the stretcher does not slide when being used. A raised heel plate locks the heel in place while nonslip treads prevent the foot from slipping while in use.

SAFETY PRECAUTIONS

- Do not use Foot Rocker on slippery, wet, icy, or a loose-stone or gravel surface.
- Flat, rubber-soled shoes are highly recommended when using the Foot Rocker.
- Keep away from children at all times.

SUGGESTED STRETCHING POSITIONS



Toe Stretch



Heel Stretch



Balance Training



Hamstring
Stretch

LIMITED LIFETIME WARRANTY

Your Medic Therapeutics product is backed by a limited lifetime manufacturer's warranty. Medic Therapeutics will repair or replace your device at any time should it fail due to a defect in material or workmanship, subject to the certain limitations.

This limited warranty does not cover any damage that results from unauthorized or improper use, service, or repair. Further, it does not cover damage caused by accident, impact, negligence, or normal wear and tear. Should you discover your Medic Therapeutics product is not functioning properly, please send your device to our repair center for evaluation. If your product cannot be repaired or serviced, we will reserve the right to change it for a similar or newer model.

Please note that a flat rate of \$4.00 will be charged to cover a service evaluation fee and return shipping of your device. All warranty claims must be accompanied by a copy of your proof of purchase from an authorized retailer. Please send your device, proof of purchase, and a check or money order in the amount \$4.00 made out to Medic Therapeutics to:

Address:

Medic Therapeutics Service Center
3069 Taft Street
Hollywood, FL 33021

Contact:

warranty@medictherapeutics.com