

# Supplement Facts

Serving Size: 2 Capsules  
Servings Per Container: 15

	Amount Per Serving	% Daily Value
Lactium (Hydrolyzed milk protein) (5 mg Alpha-casozepine)	300 mg	**

\*\* Daily Value not established.

## Other Ingredients:

Cellulose.

## Directions:

Take 2 capsules a day  
with meal.