

Chocolate

Nutrition Facts

About 20 Servings Per Container

Serving size 1 scoop (30g)

Amount Per Serving

Calories 120

% Daily Value*

| | |
|------------------------------|-----------|
| Total Fat 2.5g | 4% |
| Saturated Fat 1.5g | 8% |
| Trans Fat 0g | |
| Cholesterol 0mg | 0% |
| Sodium 200mg | 8% |
| Total Carbohydrate 9g | 3% |
| Dietary Fiber 2g | 8% |
| Total Sugars 5g | |
| Includes 0g Added Sugars | 0% |
| Protein 16g | |
| Vitamin A 0% • Vitamin C 0% | |
| Calcium 4% • Iron 30% | |

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

| | Calories | 2,000 | 2,500 |
|---------------|-----------|---------|---------|
| Total Fat | Less Than | 65g | 80g |
| Saturated Fat | Less Than | 20g | 25g |
| Cholesterol | Less Than | 300mg | 300mg |
| Sodium | Less Than | 2,400mg | 2,400mg |
| Total Carb | | 300g | 375g |
| Dietary Fiber | | 25g | 30g |

Calories Per Gram

Fat 9 • Carbohydrate 4 • Protein 4

Vanilla

Nutrition Facts

About 20 Servings Per Container

Serving size 1 scoop (30g)

Amount Per Serving

Calories 110

| | % Daily Value* |
|------------------------------|-----------------------|
| Total Fat 1g | 2% |
| Saturated Fat 0g | 0% |
| <i>Trans</i> Fat 0g | |
| Cholesterol 0mg | 0% |
| Sodium 230mg | 10% |
| Total Carbohydrate 6g | 2% |
| Dietary Fiber 1g | 4% |
| Total Sugars 4g | |
| Includes 0g Added Sugars | 0% |
| Protein 19g | 36% |
| Vitamin A 0% • Vitamin C 0% | |
| Calcium 4% • Iron 25% | |

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