

# Supplement Facts

Serving Size: 1 Scoop (6 g) Servings Per Container: 14

	Amount Per Serving	% Daily Value
<b>Calories</b>	20	
<b>Total Carbohydrate</b>	4 g	1%†
Dietary Fiber	3 g	8%†
Sugars	0 g	‡
<b>Protein</b>	<1 g	2%†
Vitamin A	450 IU	9%
Vitamin C	15 mg	25%
Vitamin B12 (as methylcobalamin)	1,000 mcg	16,667%
Calcium	40 mg	4%
Iron	0.75 mg	4%

**Organic Energy & Focus Blend:** 4 g ‡

Green matcha tea leaf, peppermint leaf powder, yerba mate leaf, camu-camu fruit extract, green coffee bean extract (90% natural caffeine) (caffeine 100 mg), gotu kola (brahmi) whole plant extract, green tea leaf extract, American ginseng root

**Organic Prebiotic Fiber Blend:** 1 g ‡

Jerusalem artichoke (root) inulin, blue agave (head/heart) inulin, pea fiber, oat fiber, apple peel fiber

† Percent Daily Values are based on a 2,000-calorie diet. ‡ Daily Value not established.

Other ingredients: Organic guar gum, organic rice hull (flowing agent), organic rebaudioside-A (from organic stevia leaf).

- Keep out of reach of children.
- Store in a cool, dry place.
- Protect from heat, light and moisture.
- Do not use if seal is broken.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Directions: Mix 1 scoop with 8 fl. oz. of water, juice or your favorite beverage.