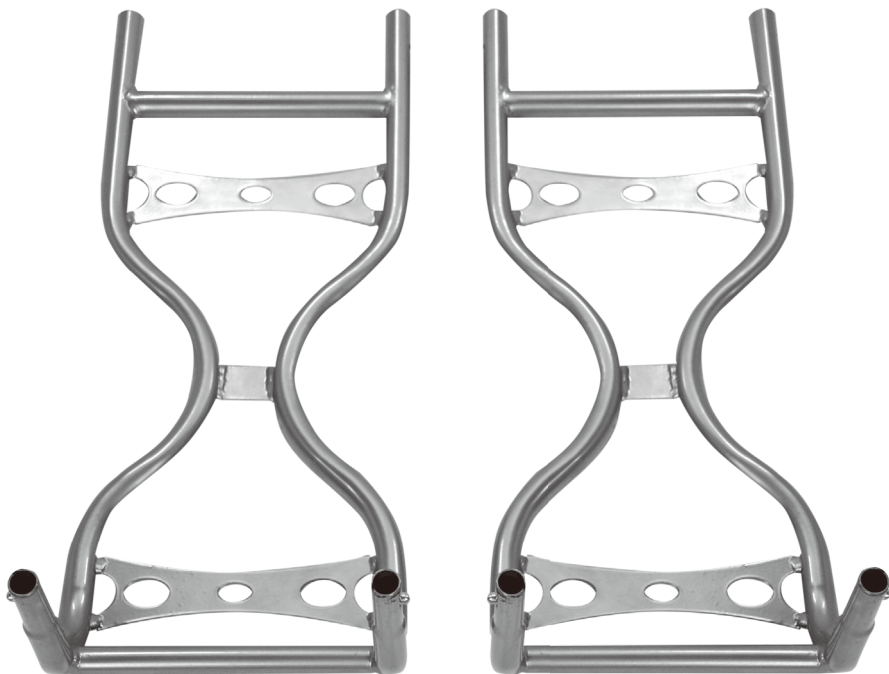


# SCULPTING HANDLES ASSEMBLY GUIDE (OPTIONAL EQUIPMENT)

The Pilates PRO Chair™ Sculpting Handles come partially assembled (**Figure 1**).

figure 1



**NOTICE:** You will need to remove the arm handles (**B**) from Pilates PRO Chair™ base (**A**).

**▲ CAUTION:** To avoid breakage and possible injury, use only manufacturer-supplied parts with the Pilates PRO Chair™.

To order the Pilates PRO Chair Sculpting Handles, please contact a Customer Service Representative by calling the telephone number listed on your invoice.

To complete the assembly of the Pilates Pro Chair™ with the Sculpting Handles, you will need the following items **(Figure 2)**.

figure 2

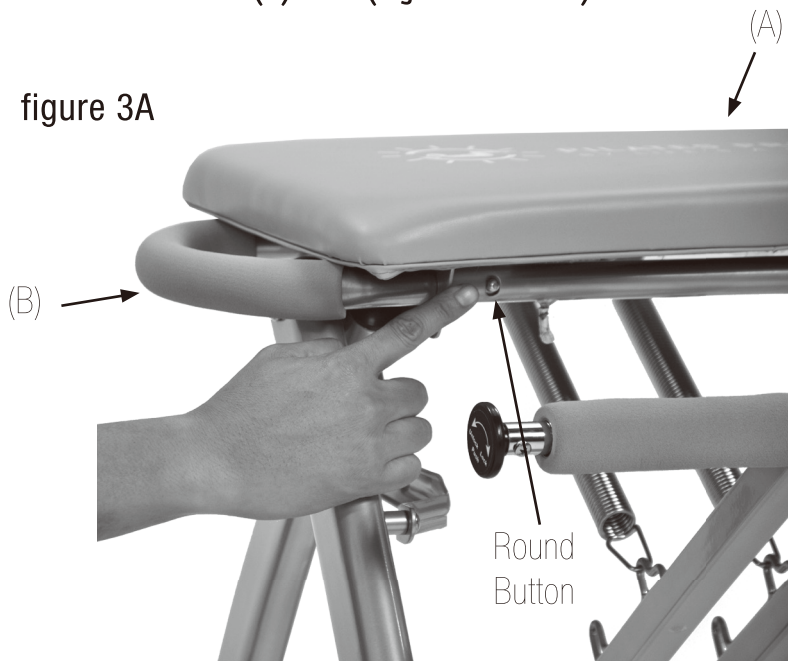
- Pilates PRO Chair™ base **(A)** with 2 Arm handles **(B)**
- 2 Sculpting handles **(C)**



## REMOVING THE ARM HANDLES

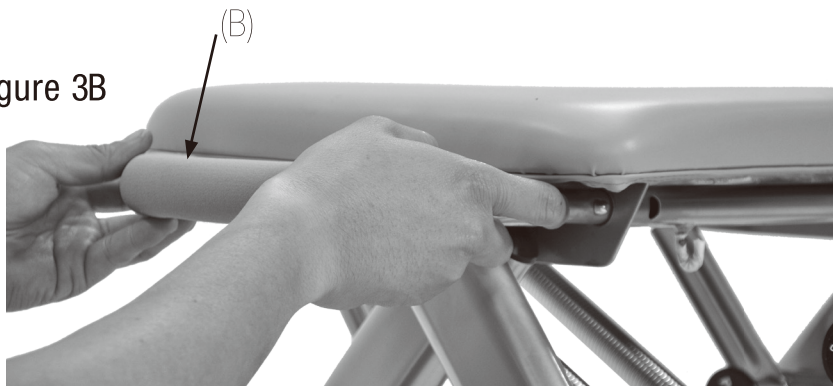
**STEP 1** Push the round button on the straight end of one arm handle **(B)** as you slide the arm handle out of the Pilates PRO Chair™ seat base **(A)** holes **(Figure 3A and 3B)**.

figure 3A



**STEP 2** Repeat Step 1 with the second arm handle **(B)**.

figure 3B



## ATTACHING THE SCULPTING HANDLES

**STEP 1** Hold one Sculpting Handle **(C)** vertically with the L-shape at the bottom facing the Pilates PRO Chair™ seat base **(A)**.

**STEP 2** Align the straight ends of the Sculpting Handle **(C)** with the chair seat holes **(Figure 4A)**.

**STEP 3** Push in the round button of the Sculpting Handle **(C)** and slide the Sculpting Handle into the chair seat holes.

**STEP 4** Continue sliding in the Sculpting Handle **(C)** until you hear a click and the round button pops out of the adjoining hole **(Figure 4B)**.

The Sculpting Handle is now securely in position.

**STEP 5** Repeat Steps 1-4 with the second Sculpting Handle.

figure 4A

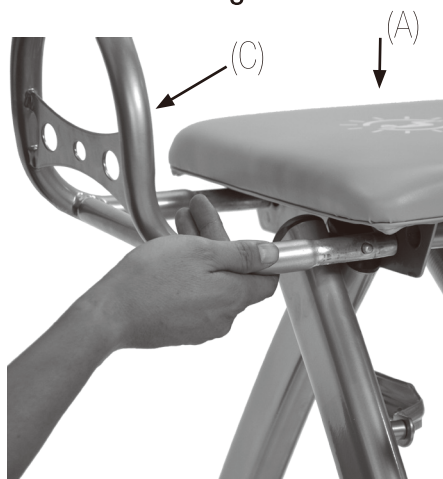


figure 4B





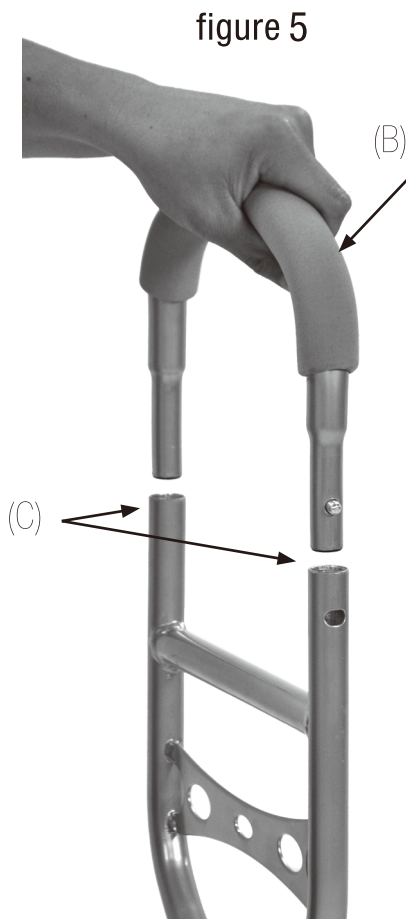
## ATTACHING THE ARM HANDLES TO THE SCULPTING HANDLES

**STEP 1** Hold one arm handle **(B)** vertically with the curved end at the top.

**STEP 2** Align the straight ends of the arm handle **(B)** with the top holes of the Sculpting Handle **(C)**.

**STEP 3** Slide the arm handle **(B)** into the Sculpting Handle **(C)**.

**STEP 4** Continue sliding in the arm handle **(B)** until the round button fits securely in the adjoining hole of the Sculpting Handle **(C)** (**Figure 5**).



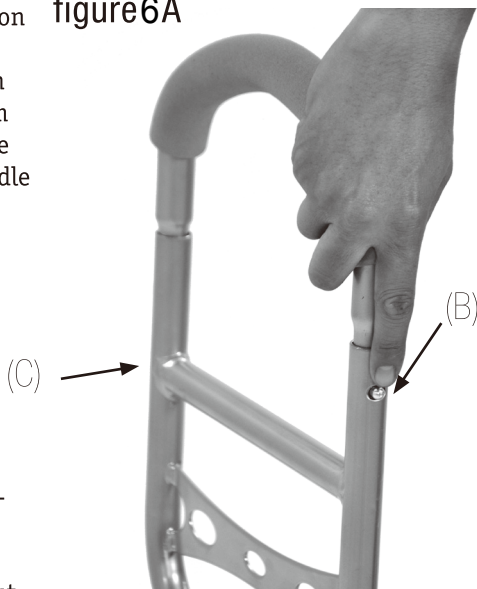
**NOTICE:** If the arm handle does not slide into place and the round button does not align with the adjoining hole of the Sculpting Handle, then turn the arm handle 180-degrees clockwise or counter-clockwise and repeat Steps 1 through 4.

**STEP 5** Repeat Steps 1-4 with the second arm handle and the Sculpting Handle.

# REMOVING THE SCULPTING HANDLES

**STEP 1** Push the round button on the arm handle **(B)** as you pull firmly up on the curved end. The arm handle should disengage from the Sculpting Handle **(C)**. **(Figure 6A)**.

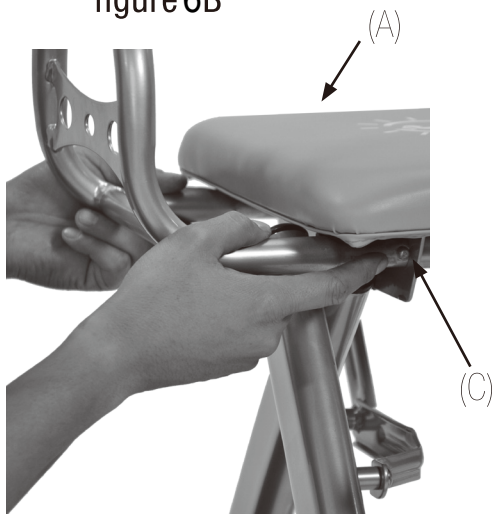
**STEP 2** Repeat with other arm handle.



**STEP 3** Push the the round buttons on the Sculpting Handle **(C)** as you slide the Sculpting Handle out of the Pilates PRO Chair seat base.

figure 6B

**STEP 4** Repeat with other Sculpting Handle.



**NOTICE:** *Sculpting Handles must be removed from the Pilates PRO Chair before folding and storing the chair.*