



## Vibrating Roller



Straps x 2

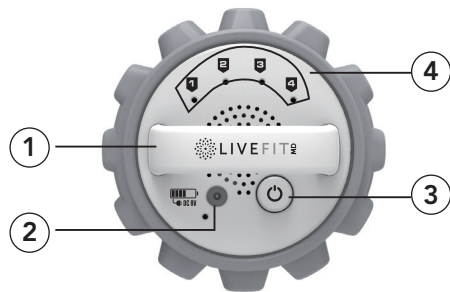


Carry Bag x 1



Adapter x 1

### Product Overview



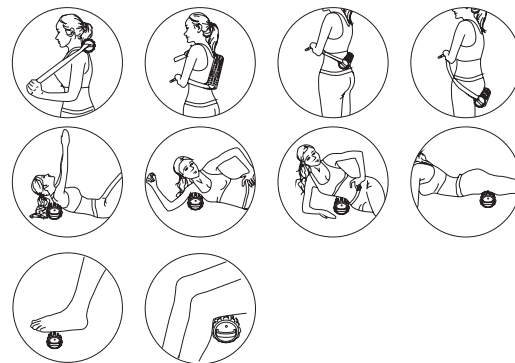
1. Strap Handle
2. Charge Port
3. Power ON/OFF/SPEED Button
  - Long press for ~3s to turn on/off power
  - Quick-press to switch speed modes
4. Speed Modes indicators
  - Quick-press power button to switch modes

### Connect Straps

Attach two straps at both ends of the vibrating roller for certain postures use.



### Use of Postures



### Use the Product

1. Make sure the product is turned off before charging
  2. Plug the charger into a wall outlet (100V-240V), then plug the other end into the charging port
  3. Allow ~2.5 hours' time for charging. The indicator light on product will turn red during charging and then turn green once charging is complete
  4. Long press the power button ON/OFF for ~3s to turn on the massager. It will start to work at mode 1 by default
  5. Quick-press to cycle between speed modes (1-4). The 4 modes vibrating strength: 2000/2500/3000/3500 RPM
  6. Long press the power button ON/OFF for ~3s to turn off the product
- ⚠** • The vibrating roller will automatically power off after 15 minutes of continuous use.