Supplement Facts

Serving Size: 1 Chew / Servings Per Container: 30

Amount Per Serving	% Daily Value*
Calories 20	
Total Carbohydrate 4 g	1%
Total Sugars 3 g	‡
Includes 3 g of Added Sugar	6%
Vitamin B6 (as pyridoxine hydrochloride) 1.7 mg	100%
Magnesium (as magnesium citrate) 50 mg	12%
Copper (as copper citrate) 0.18 mg	20%
Melatonin 5 mg	‡
Sleep Aid Blend 155 mg (L-Tryptophan, L-Glycine, L-Theanine, Chamomile (*Matricaria Chamomilla*), flower powder	‡

*Percent Daily Values are based on a 2,000 calorie diet.
‡Daily Value not established.

Other ingredients: Raw cane sugar, rice syrup, natural flavors, honey, sunflower lecithin, sunflower oil, citric acid, glycerin.

DIRECTIONS: Take 1 chew before bedtime as a dietary supplement

Distributed by:
Gnc Management
Las Vegas, NV 89128
Toll Free 866-272-4405
www.consultbeauto.com

- Store in a cool, dry place.
- Do not use if seal is broken.
- Keep out of reach of children.

‡This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Caution: Consult physician if pregnant/nursing, taking medication (especially antidepressants such as SSRIs and MAOIs), or have a medical condition. May cause drowsiness. Do not use with alcoholic beverages or while operating heavy machinery.