

sleek

user manual



congratulations

On purchasing your **sleek** permanent hair reduction device! **sleek** is the fastest permanent hair reduction device clinically proven to be safe and effective for all skin tones and the widest range of hair colors. Gentle, easy to use and just minutes a treatment, say hello to silky, smooth skin in just 7 weeks.

Before using **sleek**, visit our web site at www.mepower.com to sign up for weekly treatment reminders and watch our **sleek** how to video.

customer care contact

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what is the intended use for sleek?

body areas

sleek is intended for use by women and men on body hair below the neck and by women for facial hair below the cheek line.

Note: For effective results, it is recommended to wax, tweeze or epilate naturally light blond, red and white/grey hair immediately prior to using the device on the face and body.

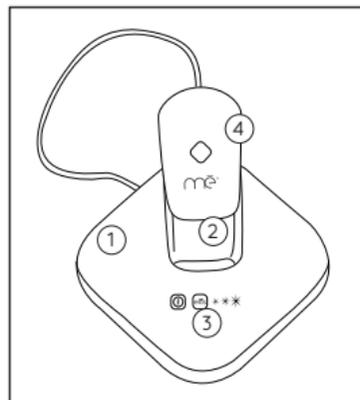
sleek is intended for use on the body and face on ALL skin tones (skin color you are born with).

sleek is intended for use on the widest range of hair colors.

package contents

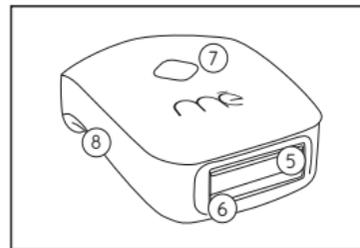
- **sleek** permanent hair reduction device with unlimited treatments
- power cord
- user manual
- quick reference guide

getting to know sleek



device components

1. base unit
2. cradle
3. control panel with:
 - power button
 - energy setting buttons with 3 energy levels: low, medium, high
4. applicator with activation button



applicator components

5. light output window
6. rf silver contact bars
7. activation button
8. cooling outlet

important safety information

The system is not designed for everyone. Please read this user manual before using the system. Make sure you follow all the warnings. Don't use the device if it isn't right for you (see contraindications section below).

If you do not understand any of the warnings or have any questions, please contact Customer Service at www.mepower.com.

contraindications

DO NOT use if you have epilepsy or light induced seizures or chronic migraines. The energy flashes might cause severe headaches and migraines.

DO NOT use if you have an active implant, such as a pacemaker, incontinence device, insulin pump, etc. Use of the **sleek** system has not been tested in individuals with active implants, and, therefore, the effects are unknown.

KEEP OUT OF REACH OF CHILDREN. The **sleek** should not be used by anyone or on anyone under the age of 18.

The use of the **sleek** on or by children has not been studied and could result in serious injury.

warnings

DO NOT use if you are pregnant, trying to become pregnant (conceiving) or breastfeeding. The **sleek** has not been tested on pregnant or breastfeeding women. Hormonal changes could increase skin sensitivity and the risk of skin injury.

DO NOT treat with the **sleek** immediately after or before an active tanning session - in natural light, on a tanning bed or when using sunless tanning products. If you are not certain whether you are tanning or

sunburned it is recommended to do a skin sensitivity test (page 9) and wait 24 hours.

DO NOT use the **sleek** on areas that have been sunburned as this can make the skin more susceptible to injury.

DO NOT use directly on parts of your skin where you have tattoos, dark brown or black spots (such as large freckles, birthmarks or moles). These areas may absorb too much light energy which can injure the skin.

DO NOT use on the ears, neck, nipples, genitalia or around the anus. These areas may have more sensitive skin and using the **sleek** there may cause serious injury.

DO NOT use on or around the eyes, eyebrows or eyelashes. Doing so can cause permanent eye damage.

DO NOT use on a man's face, jaw or neck. Using the **sleek** in these areas may result in skin injury.

DO NOT use the **sleek** on any area where you may want the hair to grow back. The hair removal results may be permanent.

DO NOT use the **sleek** if you are sensitive to light (photosensitive).

- Some diseases can be related to photosensitivity including porphyria, polymorphic light eruption, solar urticaria and lupus.
- Some medications can be related to photosensitivity including: NSAIDs; steroids; antibiotics; phenothiazine; thiazide, diuretics, sulfonylurates, sulfonamides, DTIC, fluorouracil, vinblastine, griseofulvin, Alpha-Hydroxy Acids (AHAs), Beta-Hydroxy Acids (BHAs), Retin-A, Accutane® and/or topical retinoids.
- Undergoing radiation or chemotherapy treatments.

These conditions can make the skin more sensitive to light and more

susceptible to injury. Consult your doctor.

DO NOT use if you have an active skin condition in the treatment area including acne, sores, psoriasis, eczema, sunburns, herpes simples, open wounds or a rash. These conditions can make the skin more sensitive to light and more susceptible to injury.

DO NOT use if you have a history of skin cancer or areas of potential skin malignancies. Use of the **sleek** system has not been tested in areas with skin cancer, and therefore, the effects are unknown.

DO NOT hold the light output window still over one spot on the skin and flash multiple light pulses on the skin. Doing so may generate too much heat, which can injure the skin.

DO NOT cover any ventilation slots during use, as they help to keep the device cool during operation. Covering the ventilation slots could result in device overheating.

DO NOT get the **sleek** damp or wet.

DO NOT use the **sleek** while bathing or put it next to a tub or sink.

DO NOT operate the **sleek** with a damaged plug or cord.

DO NOT use the **sleek** if any parts show signs of damage.

DO NOT open the outer covers of the **sleek** or touch any inner parts.

DO NOT attempt to repair your **sleek** device.

ALWAYS keep the cord away from heated surfaces. Failure to follow these precautions can cause electrocution, electric shock or result in injury.

DO NOT use the **sleek** in an environment where a spark could cause an explosion, such as near a gas source.

possible side effects and skin reactions

Use of **sleek** could result in possible side effects. These reactions are rare and should resolve within a short time. However, every cosmetic treatment may involve some degree of risk.

With any of the reactions stated below, make sure to stop the treatment and to consult with your doctor: color or textural changes to the skin that may be permanent, substantial redness of the skin, itching of the treated area, acne outbreak, blistering or burning of the skin, permanent scarring or loss of skin tissue or if unusual pain occurs.

skin sensitivity test

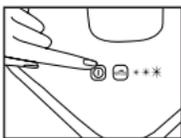
If you are using **sleek** for the first time or in new body area, choose a small area close to the area you intend to treat, for the purpose of performing a skin sensitivity test. Use the LOW level. Follow the treatment instructions below but make sure to emit only 2-3 pulses. After the skin test, wait 30 minutes and check your skin for any reaction. If after 30 minutes the skin appears normal, then you are ready to perform a full treatment.

treatment



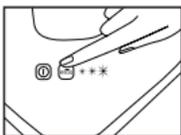
step 1: prepare your skin

Remove hair from the area you wish to treat by shaving, waxing, or epilating. For lighter hair, it is recommended that you wax, tweeze or epilate immediately prior to using the device. Skin should be clean and dry.



step 2: turn on your device

Tap the power button on the base unit. Lights will illuminate.



step 3: select your energy level

Select the appropriate eIōs energy level (Low, Medium, or High) by tapping the eIōs button until the desired energy level is illuminated. In order to return to the Low setting, you must tap the button again. It is recommended to start on Low and move to a higher energy level if you feel comfortable.

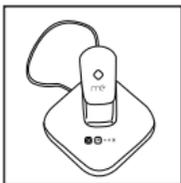
Remove applicator from the base and press the applicator's activation button located on the top of the applicator. You will hear the fan inside the applicator.



step 4: treatment

Gently place the applicator on your skin, so that the two silver sensor bars are in complete contact with the skin. Flashes of light will begin to emit. Slowly glide the applicator over the area you are treating in one continuous motion covering the area 2-3x. For smaller areas, it is recommended to stamp instead of glide.

Note: The applicator will not emit pulses of energy unless both silver sensor bars are touching the skin.



step 5: treatment complete

Once you have finished, press the activation button

on the applicator and place on the device base. Turn off the system by touching the power button on the base unit. The light indicator should turn from green to orange.

DO NOT hold the applicator window still over one spot on the skin and flash multiple light pulses on the same spot on the skin. Doing so may cause too much heat to build up and may result in skin swelling, blisters, or temporary or permanent changes in the color of your skin. After each flash move the applicator to a different skin spot.

Wait for at least 10 seconds before returning to a previously treated skin spot.

tips

When using the system on difficult to treat areas (e.g. underarm) apply the applicator in 2 directions — left/right and up/down for full coverage.

You can treat all body and facial areas during the same treatment session.

guidelines for treatments

It is normal to still see hairs after the first few treatments. For best results the treatments should be performed once a week for the first 7 times. Performing additional monthly maintenance treatments after the first 7 treatments will help your hair removal results last longer.

Note: Facial areas can be treated more frequently of up to 2-3 times per week for 7 weeks if desired. Additional treatments may be needed for optimal results.

clean and store sleek

1. Turn off the system by touching the power button on the base unit. The light indicator should turn from green to orange.
2. Place the applicator in its cradle on the base unit and unplug the electric cable from the electrical outlet.
3. Clean the light output window with a non-alcohol based wet wipe or soft tissue.
4. Clean the outside surface of the **sleek** device using ONLY a dry soft cloth or a non-alcoholic based wet wipe.
5. Store **sleek** in a cool and dry place AWAY from the reach of children.

travel with sleek

The system is designed with universal voltage. That means that you can use the system all over the world. You will need to use an adaptor for the plug, since electric wall outlets vary by country. Make sure that system does not get wet while traveling. Do not use it in a wet environment. It is recommended to protect your device while traveling.

troubleshooting

device

Indicator	What does it mean?	How to react
No lights are on	Power cable is not connected	Connect power cable

Indicator	What does it mean?	How to react
All energy setting indicators are blinking (high-medium-low)	No energy level was selected	Select an energy level and activate the applicator. The applicator fan will start blowing indicating that the device is active.
Activation button on the applicator is blinking	The energy level was selected but the applicator activation button was not pressed yet	Press the applicator activation button. The applicator fan will start blowing indicating that the device is active.
Power button is blinking in orange color	An error has been detected	Reset the system by turning it off and on again. If problem persists, disconnect power cord and wait until all lights are off (several seconds). Then reconnect the power cord and turn on system. If error light is still on, try moving to a cooler area with a room temperature of less than 30°C/ 86°F and restart the system.

Indicator	What does it mean?	How to react
No flashes are coming out	<p>1. RF silver skin contact bars not in contact with the skin in treatment area</p> <p>2. Applicator activation button is not pressed or energy level was not selected</p>	<p>In order for the system to flash pulses, make sure all 3 conditions are met:</p> <p>level selected, activation button is pressed, RF silver skin contact bars are in contact with skin</p>

other

My skin is red after treatment	The skin may become red as a result of the treatment. This redness generally clears up within 24 hours.	If the redness persists more than 24 hours after a treatment, stop using sleek and contact your doctor or Customer Support
I barely see any hair reduction	Make sure to follow the protocol suggested and to use the treatment duration time suggested	<p>Actual results will vary from person to person, depending on the body area being treated and whether the instructions were followed correctly.</p> <p>Contact Customer Support for help.</p>
I feel some warmth when I apply the light flashes. Is that normal?	You may feel warmth, tingling, or itching. It is expected that this discomfort and warmth will be up to moderate.	If the discomfort is severe/intense or persists for more than 24 hours after a treatment, stop using the sleek and contact your doctor or Customer Support

If you are still having problems, contact Customer Care at mepower.com.