

**DIRECTIONS:** Add 1 scoop to your favorite food or beverage or add to 6-8 fl. oz. of water and mix well.

# Supplement Facts

Serving Size: 1 Scoop (6 g) Servings Per Container: 30

<b>Calories</b>	20	
<b>Total Carbohydrate</b>	1 g	<1%†
Dietary Fiber	<1 g	2%†
Sugars	0 g	‡
<b>Protein</b>	3 g	6%†
Iron	2 mg	11%
Sodium	50 mg	2%
Potassium	75 mg	2%
<b>Organic Ocean Blend:</b>	6 g	‡
Blue green spirulina, chlorella, klamath algae, dulse, peppermint leaf, spearmint leaf		

† Percent Daily Values are based on a 2,000-calorie diet.

‡ Daily Value not established.